



Homewood-Flossmoor Youth Hockey Program 24 Hour Rule

The 24 hour rule was implemented into the H-F Youth Hockey league in the 2007-2008 hockey season. The 24 hour rule is designed to prevent families and friends from voicing their concerns or displaying anger towards coaches until 24 hours after a game.

The following examples are violations of the 24 Hour Rule:

Within 24 hours of a game a parent, family member or friend of the family:

Calls a coach to complain about the way they run the locker room before games.

Approaches a coach to ask if their child can get more playing time.

Approaches a coach about the amount of ice time a player received.

Approaches a coach with negative feedback concerning the game.

E-mails a coach to discuss the feedback their child received on the bench.

A violation of this rule is approaching the coach in person, by phone or in writing/email within 24 hours of finishing a game to “voice a concern” about something that occurred before, during or after the game. This rule applies to anyone who attends the game with your family.

First Offense: Parent receives a 1 week suspension from all games and practices

Second Offense: Parents receives a 3 week suspension from all games and practices

Third Offense: Family will be asked to leave the H-F program indefinitely without the possibility of a refund.

*with each offense, the parent will be asked to meet with the Hockey Director

How to stay within the guidelines of the 24 hour rule:

1. Write down what needs to be discussed with the coach
2. Call, email or approach the coach to discuss the topics you have written down 24 hours AFTER the game.
3. Send an e-mail to the Hockey Director, outlining what was discussed.

Player's Name (print)

Parent's Signature

Date

Parent's Signature

Date